



medi

Measuring chart

Spinomed® active
Spinomed® active men

Impressing patients

In order for back braces to have the best possible effect, they must be worn regularly. Patients should therefore above all feel comfortable. This only works if the brace has been properly measured and adjusted to fit.

Spinomed active – why is it so important that it fits well?

It can only work if it fits. That is why wearing comfort is the be-all and end-all when it comes to osteoporosis therapy.

The therapy aims at straightening the upper body and activating the muscles.

Additional elastic materials are incorporated into the Spinomed active body garment and patients wear the brace directly on their skin. The brace must therefore fit the body as precisely as possible.

Correct measuring for the optimal therapy result

This brochure offers you tips and tricks for your consultation and also for taking measurements correctly.

With medi you can choose from a wide range of garments and sizes. Take measurements, enter the measurement points on the order form, and together we will find the perfect fit of Spinomed active for your patients.

For more information about the Spinomed back orthoses, please use the following QR code or the short URL medi.biz/Spinomed.

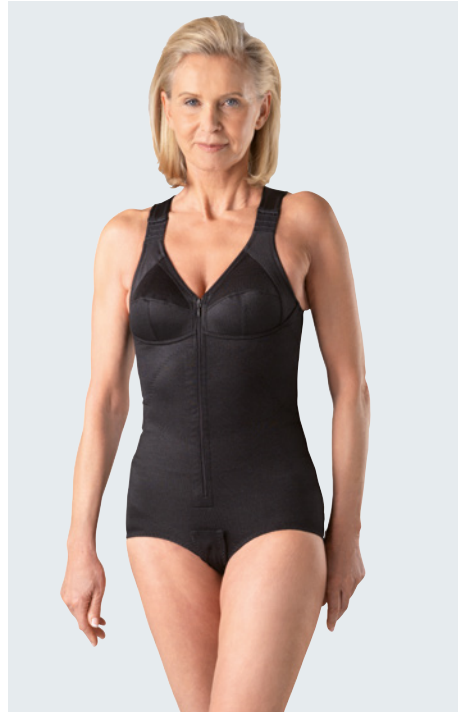


medi. I feel better.

Spinomed® active

The effective body garment in two practical colours.

Spinomed active's numerous combination options allows your customers to make their very own product selection when it comes to their treatment.



Spinomed® active men

The garment especially for men.

Your customer can wear the Spinomed active men inconspicuously under his clothing. The individually adjustable shoulder straps help you achieve high patient compliance.

Measuring chart Spinomed® active

Please measure while patient is wearing a bra!



below bust
circumference just below the breast



bust
circumference over the widest part of the breast



chest cross dimension
from the sternum to the middle of the chest to the end of the chest arch



bust vertically
from below bust to the middle



shoulder bust
close fitting from middle of shoulder to the middle of bust



waistline
circumference of waist



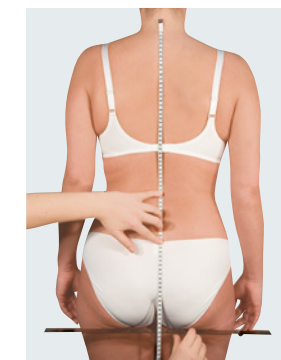
hip
circumference at the widest part of the hip



frontal height
perpendicularly from the lower chest to the high arch



back height 1
from the 7th cervical vertebra (= C7) to the buttock (start of buttock crease)



length of the back 2
close fitting from C7 to the widest part of the hip, then hanging vertically to the base of buttocks

Tips for measuring

The lower chest measurement should be taken in such a way that the patient can continue breathing unhindered

For patients with a large bust size or heavily dropping bust, the bra straps should be tightened slightly

Always have your patient let their arms hang by their side when measuring all breast dimensions

Please indicate if patient was not wearing a bra

In any case of doubt, please send photos

To facilitate the measurement of larger sizes, you can use the textile chalk to mark the fixed points

Fitting instructions



www.med1.biz/
spinomed-technikvideo

Product variants*



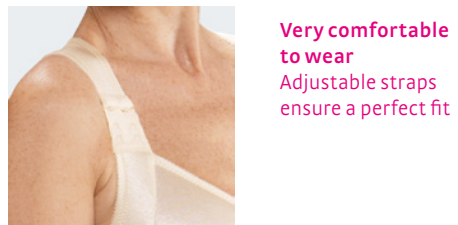
With integrated cups Gusset with hooks / eyes



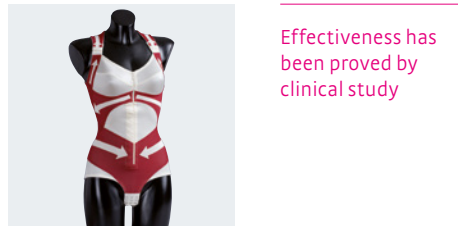
Without integrated cups Gusset with hook and loop fastener / fleece

* Also available in black (with cup)

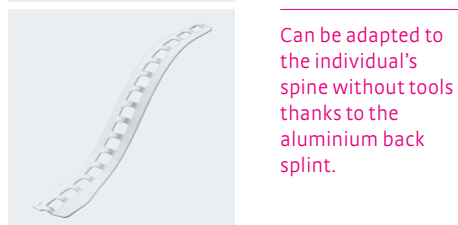
Product benefits



Very comfortable to wear
Adjustable straps ensure a perfect fit

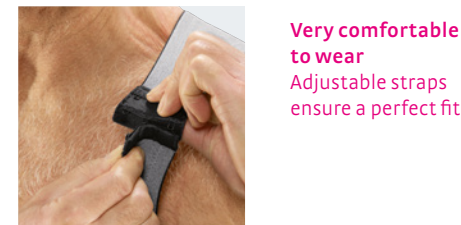


Effectiveness has been proved by clinical study

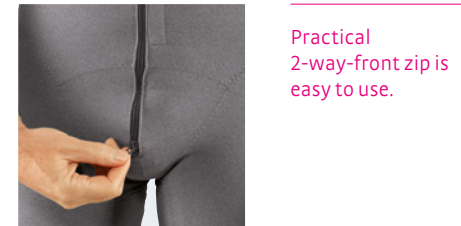


Can be adapted to the individual's spine without tools thanks to the aluminium back splint.

Product benefits



Very comfortable to wear
Adjustable straps ensure a perfect fit



Practical 2-way-front zip is easy to use.



Can be adapted to the individual's spine without tools thanks to the aluminium back splint.

Spinomed® active



Cost estimate Order

Customer number _____ Medical supply store stamp _____

Measured by _____ Phone number for queries _____

Commission (Please enter in block capitals) _____

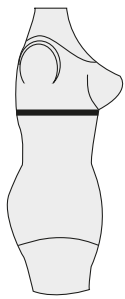
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 Germany
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 912-313
 Fax: +49 921 912-57
 medi@medi.de
 www.medi.de

Please measure with bra on.

For the Spinomed active model without cup, only the sizes highlighted in grey are required!

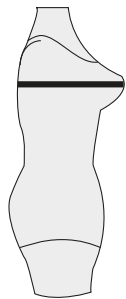
Colour: black (available with cup) champagne (available with /without cup) Patient already wears Spinomed active in size _____

with cup without cup Gusset: Hooks/eyelets Hook & loop Primary care Follow-up care without back brace



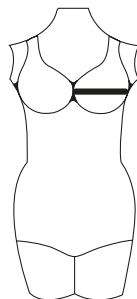
Underbust circumference
 horizontally/directly under breasts

_____ cm



Bust circumference
 over fullest part of the bust

_____ cm



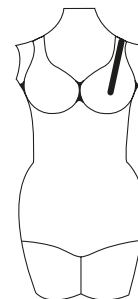
Breast transverse size
 from breastbone across mid-breast to end of breast

_____ cm



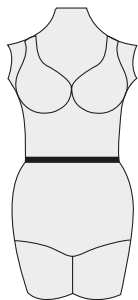
Lower breast height
 from underbust to mid-breast

_____ cm



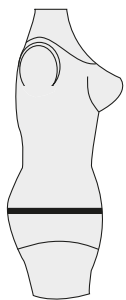
Shoulder-bust size
 close-fitting from mid-shoulder to mid-breast

_____ cm



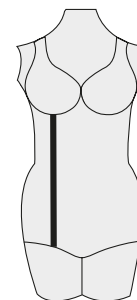
Waist circumference
 horizontally around the waist

_____ cm



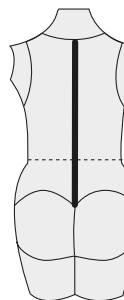
Gluteal circumference
 the fullest part of the gluteus

_____ cm



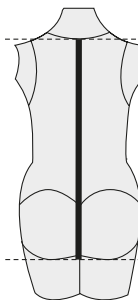
Front height
 perpendicular from underbust to thigh crease

_____ cm



Back height 1
 C7 to posterior crease close-fitting to back

_____ cm



Back height 2
 from C7 close-fitting, but from fullest point of gluteus to gluteal end

_____ cm

Additional information (please fill in completely):

normal back normal abdomen normal gluteus Patient height _____ cm

severe hyperkyphosis pendulous abdomen flat gluteus Patient age _____ years

hyperlordosis potbelly full gluteus Patient weight _____ kg

Specifics (e.g. additional illnesses): _____ Patient bra size _____

(Patient data are treated confidentially within the framework of data protection)

Date _____ Medical supply store Signed _____

medi. I feel better.

Intended purpose: Brace designed to actively relieve load and correct the lumbar spine / thoracic spine in the sagittal plane

0099879/12.2022

Spinomed® active men



Customer number _____

Medical supply store stamp _____

Measured by _____

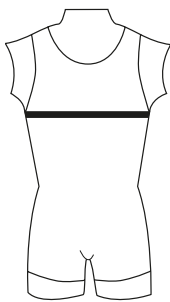
Phone number for queries _____

Commission (Please enter in block capitals) _____

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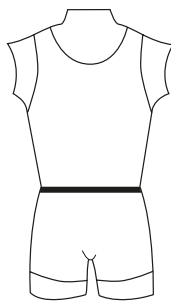
Primary care

Follow-up care
without back brace



chest circumference
 at the widest part
 of the chest

_____ cm



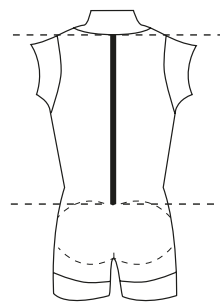
waistline circumference
 at waist

_____ cm



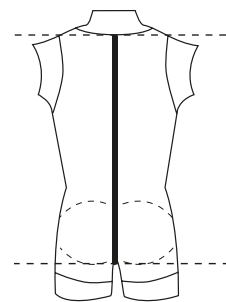
hip circumference
 at the widest part
 of the hip

_____ cm



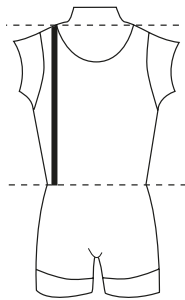
length of the back I
 C7 to sacrum close
 fitting

_____ cm



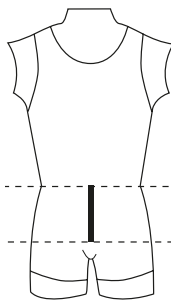
length of the back II
 close fitting from C7 to the widest
 part of the hip, then hanging
 vertically to the base of buttocks

_____ cm



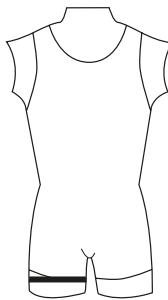
**length from middle of
 shoulder to waist**
 close fitting
 measurement

_____ cm



**length from waist
 to pubic bone**
 close fitting
 measurement

_____ cm



circumference of thigh
 measure the widest part of
 thigh

_____ cm

normal back

normal abdomen

normal gluteus

Patient's height _____ cm

severe hyperkyphosis

pendulous abdomen

flat gluteus

Patient's age _____ years

hyperlordosis

potbelly

large gluteus

Patient's weight _____ kg

Specifics (e.g.
 additional illnesses):

(Patient data are treated confidentially within the framework of data protection)

Date _____

Medical supply store Signed _____

Intended purpose: Brace designed to actively relieve load and correct the lumbar spine/thoracic spine in the sagittal plane

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